

# 15th Annual Impact a Hero Race Registration is Open – 2019 Brings an Addition of a 10K Distance

SUGAR LAND, Texas, April 25, 2019 (SEND2PRESS NEWSWIRE) – Registration for the 15th annual Impact a Hero 10K, 5k and Kids K, taking place on May 18, 2019, is open. New to 2019, a 10K distance is available for all runners, walkers and wheelchair participants.



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Every registration includes an Impact a Hero race shirt, free fundraising page, and entry to the post-race party. For more information about the race, visit: <https://www.impactahero5k.com/>.

Taking place on Armed Forces Day, hundreds of veterans and their families will participate in the event to connect with one another, promote Impact a Hero and its mission, as well as experience their much-deserved support from those they serve – our community. The funds raised during this event will be used for the services and programs Impact a Hero provides to our heroes.

Online registration is available at: <https://www.impactahero5k.com/>.

“As we are celebrating the 15th Anniversary of Impact A Hero, we wanted to do something special this year for our race. Adding a 10k to the event was the perfect way to do that,” said Laurel Goodroe, Director of Marketing and Communications for Impact A Hero. “We are also excited to welcome back KBR as our Title Sponsor for our event. Their participation and support of the race and our organization over the years is invaluable.”

The community is encouraged to sign up for this great event to show their appreciation and support for our veterans and their families. Food, bounce houses, face painters and more will be on site for this family friendly event.

A \$5 discount is given to those who sign up and register as part of a team!

For more information about our organization or registration, please contact: Laurel Goodroe at [lgoodroe@impactahero.org](mailto:lgoodroe@impactahero.org).

#### **About Impact a Hero 5K – Quick Details:**

The 15th Annual Impact A Hero 5K/10K Run/Walk/Wheel will be held at 7:30 a.m. on Saturday May 18, 2019 at Constellation Field, in Sugar Land, Texas. Join to help support our wounded Heroes from the War on Terror and their families by entering to run individually (or with a team), walk, donate or raise funds. Visit our website to learn more about the race:

<https://www.impactahero5k.com/>.

Date:

Saturday, May 18, 2019

Location:

Constellation Field in Sugar Land

1 Stadium Dr.

Sugar Land, TX 77498

<https://goo.gl/maps/fpTyASaRev92>

Website: <https://www.impactahero5k.com/>

Facebook: <https://www.facebook.com/impactahero5k/>

#### **Race Day Schedule:**

7:00 a.m.: Pre-Race Ceremonies

7:25 a.m.: 5K & 10K Wheel Start

7:30 a.m.: 5K Run/Walk Start

7:35 a.m.: 10K Run/Walk Start

8:30 a.m.: Kids 1K

9:00 a.m.: Award Ceremony

## **About Impact a Hero:**

Impact A Hero (IAH) is an organization committed to help severely wounded heroes who have fought and sacrificed so much for our country. Find out more on our website here: <http://impactahero.org/>.

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