

Greater Northwest Medical Group Expands Nutritional Counseling Services

BUFFALO GROVE, IL – August 2 (SEND2PRESS NEWSWIRE) – Greater Northwest Medical Group, including 13 Internal Medicine and Family Practice physicians, treating patients at its Buffalo Grove, Arlington Heights, and Glenview offices, announces the addition of Registered Dietician, Susan Stein.

According to Dr. Monika Cohen, one of the physicians of Greater Northwest Medical Group, who is Certified in Bone Densitometry by the International Society of Clinical Densitometry and has extensive treating patients with osteoporosis, “The media and advertisers of weight loss and nutritional products bombard all of us daily with an overwhelming number of choices. The danger is that each person’s unique medical history, medications, and other important treatment factors are not considered in mass marketing advertising. To safeguard our patients’ health, the practice offers the services of our nutritionist, who ensures that each patient’s medical situation is considered in a diet plan that is approved and monitored by the physician. This customized approach appeals to today’s educated healthcare consumers, who don’t accept the ‘one size fits all’ fad diets.”

Susan Stein received her undergraduate degree from Washington University in St. Louis, Missouri. She completed the didactic program in Nutrition and a Dietetic internship at Loyola University, Chicago. Susan has more than twelve years of experience with the Good Health Program of Rush North Shore Medical Center. Over the past five years, Ms. Stein has also been affiliated with Northwest Gastroenterologists as a consultant dietitian, consulting patients in dietary and behavioral issues related to an individual’s medical treatment plan.

Susan states, “I was attracted to Greater Northwest Medical Group’s philosophy that a nutritional plan tailored to the special needs of each patient is an integral part of effective disease management and sustained good health. I look forward to working with patients to improve their overall health by assessing and analyzing their needs, developing customized nutritional plans, educating, advising, counseling and supporting their efforts.”

Susan will be seeing Greater Northwest Medical Group patients at the Arlington Heights Office; 1051 W. Rand Road (Phone: 847-342-8220; and the Buffalo Grove office at 1300 Busch Parkway (Phone: 847-459-7860) and the Glenview Office at 1247 N. Milwaukee Avenue (Phone: 847-803-8613) . Patients should call their Greater Northwest Medical Group doctor’s office to book an appointment at one of these office locations.

For more information about Greater Northwest Medical Group’s nutritional counseling, or other services offered by the Practice, call Jackie Speckin,

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About Greater Northwest Medical Group

Greater Northwest Medical Group is an Internal Medical and Family Practice medical practice established in 1986, currently serving patients at three Northwest Suburban office locations. Greater Northwest Medical Group is founded on the principle of working as healthcare partners with our patients. The Practice is dedicated to providing high quality, comprehensive and convenient healthcare. Our goal is to serve all our patients – from pediatric to geriatric – with effective preventative care, rapid diagnosis and treatment of acute illness, and successful management of chronic medical conditions.

The Greater Northwest Medical Group's dedication to high quality patient care at the patients' convenience is reflected by the unique extended office hours – including urgent care on Sundays and holidays – and ancillary services, such as in-house laboratory, physical therapy, and nutritional counseling services

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