

# New Novel Offers Fresh Perspective on How to Overcome Life's Challenges and Return to Health and Happiness

## ARCHIVAL CONTENT

SAN DIEGO, CA – Aug. 1 (SEND2PRESS NEWSWIRE) – Today, Nautilus Press announced the pending release of “The What If Guy” (ISBN: 0-9778018-0-2), available in October 2006. The book promises to entertain, enlighten and enhance the reader’s outlook on life.

“As the book world becomes saturated in the Chic-Lit genre,” Taylor G. Wilshire, author, said, “this contemporary women’s novel provides a spiritual twist without a gossipy feel.”

The People’s Choice Review stated: “Finally, a chic-lit book with substance.”

The main character, 24-year old Ryley McKenna, believes that fulfillment lies in finding the right job and the right guy; she moves across the country, but is unable to lose the feeling that the man she left behind might be the one.

On the fast track to success, McKenna has a great job, money, friends and maybe the perfect man; yet, she feels something is missing.

Letting go of old expectations and with the support of her best friend and the guidance of a special book, “A Course in Miracles,” McKenna embarks on a journey of self-discovery and healing. Along the way, she finds her authentic self.

According to the National Book Reviewer, frequent references to “A Course in Miracles,” blends a spiritual aspect into the novel and gives it a self-help sphere. Sympathetic characters, the clarity and immediacy of the prose, and the fast-paced and engaging storyline promises to captivate readers and makes the book a strong contender within its genre.

“I loved Wilshire’s, ‘The What If Guy,’” one satisfied reader said. “Its tone is breezy and subversive, but with a heart of vulnerability.”

The author writes from the heart. Taylor was an executive for a Fortune 500 company and studied theology for 20 years. She always remained interested in spiritual development and became an ordained minister in 1991. She has taught seminars based on a “Course in Miracles,” a workbook that focuses on spirituality and personal growth.

“The What If Guy,” is Taylor’s first novel; she has other works due out in 2007/2008. She lives in Southern California with her husband and two children.

For more information, visit: [www.thewhatifguy.com](http://www.thewhatifguy.com).

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