

From Homelessness to Harvard to Hollywood to Happiness: Dawn Clare Launches Company SPISE BLISS

LOS ANGELES, Calif. – June 11 (SEND2PRESS NEWSWIRE) – “Are you happy?” is a simple question, but being blissful seems to elude nearly everyone. Even Oprah on a recent show admitted that she was not 100% happy. Dawn T. Clare seeks to fill this gap through counseling and corporate consulting. Dawn overcame many challenges on her path to bliss. She had a difficult childhood that resulted in she and her family living for months in a homeless shelter in the South Bronx.



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She persevered, graduated from Harvard Business School, and became a successful Hollywood executive. Following a year that included: the deaths of her mother and great grandmother, a near fatal car crash, and an involved recovery period, Dawn embarked on a spiritual journey. She was approached about becoming a life coach.

**(Photo Caption: Dawn T. Clare, Bliss Guide.)*

It was then that Dawn, a former Warner Bros. executive, formed the company, SPISE BLISS (www.spisebliss.com). She created a new field, Bliss Guiding,

which takes a fun, spiritual, and practical approach to helping clients. She uses a multi-dimensional technique to assist individuals – spiritual, physical, intellectual, sexual and emotional (SPISE). SPISE BLISS' prescriptive for happiness can be found in one of its t-shirt designs: "Do what you love, be with those you love, and the rest of your life falls into bliss." Solaria Perez, Producer, says, "Dawn's ability to assess a situation, provide clarity, and give an optimal path for attaining goals is incredibly empowering."

Clients also get the benefits of Dawn's spiritual talents. At Harvard, a classmate penned the nickname, Clairvoyant, because of her uncanny accurate predictions. After the car crash, Dawn emerged with a higher sense of these skills. The company handles a myriad of client issues ranging from serious health problems to finding love to profit improvement. Both individuals and companies get tangible steps on achieving their goals.

A client and marketing executive, Linda Holcman, says, "Dawn is amazing. The combination of her professional acumen and spiritual guidance is powerful – every time we speak, she positively impacts my personal and professional endeavors."

Dawn's goal is to have SPISE BLISS be the primary place for bliss regardless of a person's economic status. A unique feature of the website is the Wishing Well. It is an advice column. On a donation basis, people contact SPISE BLISS with problems and get a solution via email or phone. The company also sells art – sunset photos, t-shirts, and artwork – to help customers reinforce bliss in their environment.

Dawn sums up her journey to be happy, "When I was a child, a teacher asked the class what superpower we wanted. I chose helping people to be happy. I get up every morning and fulfill this dream and help others fulfill their dreams and goals. I am very lucky!"

About SPISE BLISS

SPISE BLISS serves blissful products and services including: Bliss Sessions, Party & Speaking Engagements, Corporate Consulting, and Art. Every offering is customized to provide each individual and organization with the relevant keys for experiencing and maintaining bliss.

For further information please visit www.spisebliss.com

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News issued by: SPISE BLISS

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Original Story ID: (2920) :: 2007-06-0611-004

Original Keywords: SPISE BLISS, Dawn Clare, life coach and Bliss Guide, journey to be

happy, Bliss Guiding, reinforce bliss in their environment, spiritual, physical, intellectual, sexual and emotional, spiritual journey, practical approach to helping clients, Harvard Business School SPISE BLISS