

Back Pain Treatment Proven 86-Percent Effective

STAMFORD, Conn., March 19 (SEND2PRESS NEWSWIRE) – Approximately 80 percent of Americans suffer from low back pain. Second to the common cold, low back pain is the number one reason for a visit to a primary care doctor. And it is the fifth most frequent cause of hospitalization. Dr. Scott Bender, D.C., of the Connecticut Spine & Health Center in Stamford, Connecticut, offers hope for those who suffer from the agonizing, oft-times debilitating pain of low back ailments.



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“Many of the patients I see who are suffering from chronic back pain try other treatments and find little, if any, long term relief,” Dr. Bender says. “I have patients who have tried spinal injections, acupuncture, physical therapy, and pain medication without relief. Many of these cases are faced with spinal surgery as a last resort.”

There is another choice: Spinal Decompression Therapy. “Spinal Decompression is completely non-invasive, painless, and comfortable for patients,” Bender says. “And it has proven to be extremely effective in over eighty six percent of cases.”

Spinal Decompression is a non-surgical treatment for low back pain that has helped thousands of people return to a normal, pain free lifestyle. Bender says “Many patients notice immediate relief after their first session, and the relief improves with each succeeding treatment.”

And the relief is not just temporary. The results of a four year follow up study have shown that 91 percent of patients treated with Spinal Decompression were still performing normal daily activities, and 87 percent of them were either still working or had retired without back pain as the cause.

For those who want to avoid painful, costly surgery, a prolonged hospital stay and weeks of recovery and rehabilitation, Spinal Decompression is the solution. Spinal Decompression is FDA-certified and clinically proven to effectively relieve low back pain.

For additional information and to schedule a free consultation, call Dr. Scott Bender at The Connecticut Spine & Health Center at 1-800-387-9952. “You don’t have to suffer anymore,” he adds.

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News issued by: Connecticut Spine and Health Center



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Original Story ID: (3777) :: 2008-03-0319-003

Original Keywords: Connecticut Spine and Health Center, suffering from chronic back pain, Dr. Scott Bender, D.C., Spinal Decompression Therapy Connecticut Spine and Health Center