

Learn Clean and Green Living Inside and Out at ALIVE! Expo

ATLANTA, Ga., April 18 (SEND2PRESS NEWSWIRE) – This spring, the ALIVE! Expo natural health and wellness event is back with new guest speakers, the country's top environmentally green companies and plenty of cutting edge ways to keep your family in optimal health – inside and out! Now in its fourth successful year in Atlanta, ALIVE! Expo brings the latest in health and wellness to the city's doorstep.



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The weekend event features lectures from prominent health industry representatives, organic foods, nutritious cooking demonstrations, a green living pavilion, interactive yoga/Pilates presentations and more than 150 local and national companies educating health-conscious consumers about both new and longtime favorite products. Publix will be onboard for the second year, presenting plenty of organic foods in the Publix GreenWise Pavilion.

New York Times Bestselling Author Jordin Rubin will give the first 5,000 ALIVE! Expo ticket holders each day a free copy of his book Perfect Weight. Rubin will be speaking at ALIVE! Expo on Saturday at 6 p.m. and Sunday at 4 p.m.

WHAT:

ALIVE! Expo brings together experts in the health and wellness fields who display product lines and services including vitamins and supplements, organic foods, anti-aging products, natural beauty products, organic wines, natural clothing, hyperbaric oxygen chambers and alternative medicines. Throughout both days, educators like featured presenter Jordan Rubin and speakers Queen Afua and Kat James will offer informative seminars designed to help listeners sift through the excess of facts and data available to find options that can actually work for them. ALIVE! Expo is good clean fun for the entire family!

WHEN:

ALIVE! Expo Fundraiser for Many Horses Foundation

Friday, April 25 from 6:30 to 9:30 p.m.

Tickets \$35, includes hors d'oeuvres, beer and wine

This ticket also includes a general admission pass to ALIVE! Expo

In the Hall C1 Lobby

ALIVE! Expo:

Saturday, April 26 from 10 a.m. to 7 p.m.

Sunday, April 27 from 11 a.m. to 6 p.m.

Tickets:

One-day General Admission: \$10

VIP One-day ticket (limited): \$40 – includes wine tasting and food sampling

Ages 17 and under free General Admission

Tickets are available at www.AliveExpo.com

WHERE:

Georgia World Congress Center, Hall C1

285 Andrew Young International Blvd., NW

Atlanta, GA 30313-1591

Discounted parking pass available at www.AliveExpo.com

WHO:

ALIVE! Expo unites a variety of wellness experts who approach health from all angles – diet, organics, environmental, fitness, vitamins, herbs, inner peace and even nourishing indulgence.

WHY:

ALIVE! Expo was created to help health-conscious people learn how they can literally change their lives and the lives of their families. ALIVE! Expo brings Atlanta a premier health and wellness show that can appeal to a broad spectrum of guests from yoga fanatics to vegans to anyone who just knows that living to be 100 will be a lot more fun at optimum health!

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