

31st Annual Chinese New Year's Celebration Saturday, February 7, 2009 7 p.m.

BRONXVILLE, N.Y., Jan. 6 (SEND2PRESS NEWSWIRE) – The Tai Chi School of Westchester, est. 1978, celebrates The Year of the OX with our 31st Annual Chinese New Year's Party. Watch exciting demonstrations of the ancient Chinese Art of Tai Chi, Chi kung, healing exercises, self defense and weapons.

Master Domingo Colon, a Tai Chi practitioner with over 43 years of Tai Chi experience and training in physical therapy will perform several demonstrations.

Master Colon is the author of "Seniors Tai Chi Workout," the first Tai Chi workout book designed to allow seniors to easily practice Tai Chi at home, and "Teaching Tai Chi to Special Populations," a comprehensive guide to assist Tai Chi teachers in adapting Tai Chi instruction to be able to help anyone.

Free food and beverages and open to the public.

Free door prize will be awarded.

Reservations suggested.

For information, please call 914-337 3339.

Or Contact: Master Domingo Colon
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Website www.taichischool.com.

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