

# LifeSpan Treadmill Awarded BEST TREADMILL by Health Magazine

SALT LAKE CITY, Utah, July 21 (SEND2PRESS NEWSWIRE) – Health Magazine awarded the LifeSpan TR4000i treadmill “Best Treadmill” for its innovative features; most notably its ability to save exercise data and transfer results to a personal online health and fitness management account to track progress. The LifeSpan TR4000i treadmill, made by PCE Health and Fitness ([www.lifespanfitness.com](http://www.lifespanfitness.com)), was rated #1 over all other treadmills, as judged by experts from Health magazine. The Best Treadmill award is part of Health magazine’s annual America’s Healthiest Fitness Awards.



Send2Press® Newswire

The July issue of Health praised the TR4000i’s interactive USB (Universal Serial Bus) that automatically transfers information to your computer to track progress. The TR4000i treadmill includes a membership in the LifeSpan Fitness Club, an exclusive online health and fitness management solution that tracks physical activity and vital stats uploaded from a USB device, and also allows entering other physical activity and vital stats.

Users access their accounts from the Internet, which is like having a virtual personal trainer at all times. In addition to tracking exercise results and vital stats, users can use the LifeSpan Fitness Club to set goals, create a customized exercise plan, and compare progress to their goals.

LifeSpan is a leader in using technology to integrate fitness equipment with health management. "We believe technology will drive significant change in how Americans maintain their health and fitness," says Peter Schenk, President of PCE Health and Fitness. "We are dedicated to being a leader in this behavioral shift driving the integration of fitness equipment with the Internet and developing features that make our equipment more effective, engaging and entertaining."

The USB feature on the LifeSpan TR4000i treadmill is an integral feature of the LifeSpan i family of products, which includes LifeSpan treadmills, elliptical trainers and health monitors such as the LifeSpan blood pressure monitor. Each product includes a membership in the LifeSpan Fitness Club.

The Best Treadmill award also recognized numerous features of the fully-loaded LifeSpan TR4000i treadmill, which makes it ideal for casual walkers to serious runners. These features, combined with recording and tracking exercise results in the LifeSpan Fitness Club, help users achieve their personal health and fitness goals; whether it's to lose weight, reduce stress, manage blood pressure, or train for a race.

For more information, visit [www.lifespanfitness.com](http://www.lifespanfitness.com).

All referenced product names, and other marks, are trademarks of their respective owners.

News issued by: PCE Health and Fitness



Send2Press® Newswire

Original Image: [https://www.send2press.com/wire/images/09-0721-LifeSpanTR4i\\_72dpi.jpg](https://www.send2press.com/wire/images/09-0721-LifeSpanTR4i_72dpi.jpg)

# # #

Original Story ID: (5178) :: 2009-07-0721-007

Original Keywords: PCE Health and Fitness, LifeSpan TR4000i treadmill, Health magazine annual Americas Healthiest Fitness Awards, USB, recording and tracking exercise results in the LifeSpan Fitness Club, Peter Schenk, integration of fitness equipment with the Internet, virtual personal trainer PCE Health and Fitness