

Compact LifeSpan Elliptical Trainer Earns Best New Elliptical Award

SALT LAKE CITY, Utah, Nov. 24 (SEND2PRESS NEWSWIRE) – New compact LifeSpan Elliptical Trainers, made by PCE Health and Fitness (lifespanfitness.com), were highly rated in annual fitness equipment reviews of best treadmills and elliptical trainers for 2010. The LifeSpan EL3000i elliptical trainer received a Best New Elliptical award from Treadmill Doctor. “LifeSpan’s EL3000i elliptical is a good value for the money,” says Treadmill Doctor.

The LifeSpan EL1000 elliptical was also highly rated in the elliptical reviews. “The EL1000 has become a reliable choice... one of the better choices this year,” says the treadmill and elliptical review group. LifeSpan ellipticals scored well for reliability, value and ergonomics. “The improvements that LifeSpan made two years ago really showed up well in the market last year. The EL1000 and EL3000i ellipticals are both solid values.”

LifeSpan ellipticals were also awarded the symbol of manufacturing excellence award earlier this year for combining high quality with innovative, compact design.

The compact LifeSpan EL1000 and EL3000i elliptical trainers are carefully designed with details important to consumers. LifeSpan ellipticals are compact to fit comfortably in your home, saving you floor space without sacrificing quality or durability. The low step up height makes these ellipticals ideal for low-ceiling rooms.

In addition to compact size, [LifeSpan elliptical trainers](#) are recognized for ergonomic Natural FIT features. Comfortable closely-spaced pedals, uniquely-designed handlebars that narrow the width as your arms extend forward, and a perfected elliptical stride pattern let your arms and legs flow naturally, simulating your body’s everyday movement. This natural fit makes your exercise more comfortable, as well as minimizes the risk for injury and decreases the stress to your spine, knees and hips.

LifeSpan elliptical consoles are highly functional, simultaneously displaying all information you need to stay motivated. Engaging workout programs, designed by an Exercise Physiologist, help you achieve your fitness goals whether you want to lose weight, train for a sporting event or simply live healthy.

The EL3000i elliptical trainer also includes a membership in the LifeSpan Fitness Club, a unique online health and fitness management program that keeps track of your exercise data that is automatically saved onto a USB device as you exercise on your EL3000i elliptical.

For more information, visit: www.lifespanfitness.com.

News issued by: PCE Health and Fitness



Send2Press® Newswire

Original Image: https://www.send2press.com/wire/images/09-1124-LifeSpan_72dpi.jpg

#

Original Story ID: (5496) :: 2009-11-1124-001

Original Keywords: PCE Health and Fitness, LifeSpan elliptical trainers, treadmill doctor, review, rating, award, LifeSpan EL1000 and EL3000i elliptical trainer, Utah business, ergonomic Natural FIT features, USB storage, LifeSpan Fitness Club, home gym, compact, exercise, healthy, workouts PCE Health and Fitness