

A South Florida School Develops New Method of Teaching That Helps Students Learn Faster and Easier

MIAMI, Fla., Feb. 23 (SEND2PRESS NEWSWIRE) – Almost anyone can learn practically anything faster and easier using the [Sdoia-Satz Method](#), a new system of teaching and learning, says Phyllis Sdoia-Satz, Executive Director of Sdoia-Satz Institute in Miami.

Barry Satz, Administrator of Sdoia-Satz Institute and his wife, Phyllis Satz, noted educators and published authors have developed a revolutionary method of teaching at Sdoia-Satz Institute in Miami which can help almost anyone learn faster, easier, with more success and less frustration.

The Sdoia-Satz Method helps students maximize achievement, increase self-confidence and develop motivation. Students learn how to discipline the mind and body and how to practice and study productively; they discover new ways to channel and coordinate physical and mental learning, they develop the ability to use different kinds of memory and explore new avenues to reduce stress. Step by step, Sdoia-Satz Method teaches students and instructors how to achieve optimum results from anything requiring practicing, studying, learning and memorization.

Specifically, the Sdoia-Satz Method addresses issues like:

- what to do when a child doesn't want to practice or study;
- what to do when a student thinks "practice" is finished after ten or fifteen minutes;
- what to do when the student is frustrated, tired, bored, obstreperous;
- how to get a student to practice or study longer and more productively;
- how to help a student learn so that he or she retains information longer;
- unusual but very successful ways to memorize;
- what parents can do to help and things they should never do.

Because the Sdoia-Satz Method creates an upbeat approach to the learning experience, it enables everyone who uses it to obtain the most beneficial results in the least possible time. For years, instructors at the Sdoia-Satz Institute have been using this innovative method to teach their students with great success.

Although originally created and designed for music instruction, the Sdoia-Satz Method can be used for any discipline that requires practice, study and repetition. That includes sports, physical training, academic studies homework and music. It works with children as well as adults and seniors.

The Satzes say that the Sdoia-Satz Method cuts weeks, months, and sometimes even years from the learning process. They have demonstrated how the system works on major TV networks using students from the school as examples and articles have been written about the method in newspapers and magazines.

Phyllis Sdoia-Satz and Barry Satz have written a book called "Practicing Sucks, But It Doesn't Have To!" (ISBN: 978-1607090076, hardcover; Rowman and Littlefield, 2009) which defines and explains the Sdoia-Satz Method. Practicing Sucks is the beginning of a series featuring the Sdoia-Satz Method. Although the focus of this first book is music instruction, forthcoming titles will feature golf, homework, tennis, physical training and other disciplines.

The Satzes are now conducting "Practicing Sucks, But It Doesn't Have To!" seminars and workshops in bookstores, libraries, museums and schools. The Dade County School Board is hosting a three hour seminar for music instructors in the school system on Monday, April 5, 2010 from 9 a.m. to 12 Noon, at the David Lawrence School in Aventura. "Music instructors will receive educational credit for attending this seminar," said Phyllis Sdoia-Satz.

For further information about the Sdoia-Satz Method or upcoming seminars, teachers, students, parents and schools may reach the Satzes by mail at 256 N.E. 85th Street, Miami, FL 33138 or by phone at 305.754.3097. Their website is www.sdoiasatz.com.

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