

The Foot Pain Center Celebrates 38 Years of Treating Peripheral Neuropathy

LONG BEACH, Calif., Jan. 13, 2012 (SEND2PRESS NEWSWIRE) – Since 1974, Dr. Marc Spitz of the Foot Pain Center has been helping patients to [beat peripheral neuropathy](#). After observing epidemic numbers of people developing peripheral neuropathy in their feet, he decided to make this his practice's focus.

In the United States, alone, more than 20 million people suffer with neuropathy, according to the National Peripheral Neuropathy Institute.

“And, while there is no hard and fast cure for peripheral neuropathy, there are ways to help people treat the symptoms and to improve their overall functionality,” says Dr. Spitz. “Our goal is to ease discomfort, restore sensation and to slow down the progression of the condition.”

So, [what is peripheral neuropathy](#)? It is a condition caused by damage to the nerves, resulting in foot pain, numbness, tingling and burning. There are more than 40 causes of peripheral neuropathy including nutritional imbalances; diabetes; spinal problems; adverse reaction to medications; exposure to toxins; and more.

In addition to working with peripheral neuropathy patients, Dr. Spitz also offers a wide array of products to help the condition such as nutritional supplements; orthotics; shoes; massagers; warming lotions; and more.

“I’m very fortunate to have had the opportunity to treat so many patients over the years,” says Dr. Spitz. “It has been particularly rewarding to have provided a measure of relief and comfort to my patients. I am looking forward to several more years in practice and will continue to work on new, natural treatments and product offerings for [peripheral neuropathy](#).”

About Dr. Marc Spitz:

Dr. Spitz is a nationally-renowned podiatrist and a leading podiatrist in Southern California. He has a degree in podiatric medicine and completed his residency in Long Beach, California. He is the co-author of “The Numb Foot Book” (ISBN: 978-0978182052), a guide to the diagnosis and treatment of peripheral neuropathy and a frequent lecturer at UCLA and at the University of California at Irvine. Currently, Dr. Spitz is the leader of the Neuropathy Support Group in Orange County, CA and is a member of the American Academy of Pain Management.

For more information, visit: www.footpaincenter.com or www.DrMarcSpitz.com .

– Photo Caption: Dr. Marc Spitz of the Foot Pain Center.

News issued by: Foot Pain Center



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Original Story ID: 2012-01-0113-001 (7576) :: 2012-01-0113-001

Original Keywords: Doctor Marc Spitz, Foot Pain Center, beating peripheral neuropathy, treating peripheral neuropathy, orange county podiatrist, foot pain, Long Beach, California, nutritional supplements, orthotics, shoes, massagers, warming lotions Foot Pain Center Long Beach California LONG BEACH, Calif.

Alternate Headline: Treating Peripheral Neuropathy – The Foot Pain Center Celebrates 38 Years

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