

# The Foot Pain Center Announces the 28th Annual Shoe Drive for the Homeless

SEAL BEACH, Calif., May 17, 2012 (SEND2PRESS NEWSWIRE) – Since 1984 Dr. Marc Spitz of the Foot Pain Center has been conducting a Shoe Drive to distribute thousands of shoes to local homeless shelters in Long Beach and Orange County. The 28th annual Shoe Drive takes place June 11-15, 2012.

Dr. Spitz started the Shoe Drive program after hearing from his patients – especially from women – they often had a closet full of shoes in excellent condition that were no longer being worn.

“I thought that these shoes could be put to good use at homeless shelters. Many residents of these shelters suffer from a wide variety of foot problems from wearing improper shoes – conditions like bunions, corns, calluses and heel pain. Some have diabetes and peripheral neuropathy which is particularly dangerous if the wrong shoe style or size is worn,” says Dr. Spitz.

Following the Shoe Drive, Dr. Spitz resumes his regular duties as the director of the Foot Pain Center and CEO of Footpaincenter.com – a company that provides information on foot pain, foot conditions, and comfort and performance footwear; and foot health for diabetes.

“The Shoe Drive has been an incredibly rewarding experience. Since its inception we have donated over 30,000 shoes to homeless shelters. The donated shoes provide comfort and protection and in some cases the dressier shoes are worn for job interviews.”

Information about the Shoe Drive: June 11-15, 2012 – shoes in good condition should be dropped off at the Foot Pain Center: 1920 St. Andrews Drive, Seal Beach, CA 90740

## **About Dr. Marc Spitz:**

Dr. Spitz is a well known author and lecturer and a leading podiatrist in Southern California. He graduated from The California College of Podiatric Medicine in 1973 and was the chief podiatry resident at Magnolia Hospital in Long Beach California. He is the co-author of “The Numb Foot Book” (ISBN: 978-0978182052), a guide to the diagnosis and treatment of peripheral neuropathy. His recently published article, alternative treatment options for the management of diabetic neuropathy, appeared in the Pain Practitioner – the Journal for the American Academy of Pain Management.

For more information, visit: [www.footpaincenter.com](http://www.footpaincenter.com) or [www.DrMarcSpitz.com](http://www.DrMarcSpitz.com) .

– Photo Caption: Dr. Marc Spitz of the Foot Pain Center.

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