

# A Day of Self Discovery and Soulful Inquiry for Care Providers

GREENSBORO, N.C., April 19, 2019 (SEND2PRESS NEWSWIRE) – Creative Aging Network-NC is excited to announce its 2019 Creative Aging Symposium: Building Creative Communities Across Generations coming up April 30 from 9 a.m. to 3 p.m. at Bell Campus in Greensboro, the event will be repeated on May 1 during the same hours at the Harris Conference Center in Charlotte.



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With National Nursing Care Week just around the corner, many aging service leaders are seeking ways to recognize the significant contributions of their staff and express their appreciation. What better way to treat caregivers and activities staff than by giving them a day full of meaningful engagement to reconnect with their inner spirit and experience the joy of unfettered self-expression at the Symposium.

Sponsored by Southminster and funded in part by the North Carolina Arts Council, the Symposium, the event will provide valuable information about establishing, implementing and sustaining intergenerational programming in aging service communities.

Legendary Russian painter and art theorist Wassily Kandinsky (December 16,

1866–December 13, 1944) published *Concerning the Spiritual in Art* back in 1910. Writing about creative expression as an “internal necessity” that impels artists to create as a spiritual impulse and audiences to admire art as a spiritual hunger, Kandinsky noted, “That is beautiful which is produced by the inner need, which springs from the soul.” The experiential sessions at the Symposium will help care providers discover, or rediscover their innate creativity and learn ways to incorporate it in their daily work.

The theme for the 2019 National Nursing Care Week is “Live Soulfully.” In line with this theme, the Creative Aging Symposium will provide interactive sessions for healthcare staff to engage with their peers in more meaningful and authentic ways. They will learn how these creative sessions can be replicated in their own communities to build stronger care teams and improve the overall well-being of the older adults they serve. They will also learn how creative self-expression builds confidence, increases social connection and strengthens communities in powerful ways.

Registration is just \$35! For more information or to register visit <http://www.can-nc.org/creative-aging-symposium/>.

You may also contact Lia Miller at [lia@can-nc.org](mailto:lia@can-nc.org) or 336-253-0856 (email preferred).

## **About Creative Aging Network-NC (CAN-NC):**

A North Carolina nonprofit, CAN-NC works to enhance the well-being of older people through creative arts programming, education, and training. They offer programming in visual, performing and literary arts, and provide services for artists and healthcare professionals including on-site training, personalized consultations, educational workshops, and interactive presentations. Learn more at: <http://can-nc.org/>.

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