

# Global Green Light Day is March 20, 2014: A Powerful Day to Think, Speak and Take Benevolent Action

SEATTLE, Wash., March 10, 2014 (SEND2PRESS NEWSWIRE) – Spreading goodness and happiness in the world – that’s the heart of Global Green Light Day (GGLD). This new growing global movement is initiated by Marilyn Schoeman, of Seattle, Washington. Creator of the Green Light® system, the foundation of GGLD, features a new model of communication. It introduces a unique and powerful way to think, speak and take expansive, benevolent action.

The Green Light® Goal: Create the greatest good, in the best way, for the most people, for the longest time.

“A standard rule for some is ‘First, do no harm.’ With Green Light, it is, ‘First, do some good – then do some more,’” declares Schoeman. Occurring on the first day of spring, March 20, 2014, this is an invitation for people to step out with their Greenest spirit, contribute to others and enjoy GGLD annually.

Founder, Marilyn Schoeman, is an international speaker, creative catalyst, game developer and author of, “GO! How to Think, Speak and ACT to Make Good Things Happen” (ISBN:978-0-9841497-9-7; paperback, \$19.95; available at Amazon.com, B&N and [www.GoGreenLightWay.com](http://www.GoGreenLightWay.com)). Her next book is, “Green Lightning! Creating a Green Light World – In a Flash!”

“Avoid the Red Lights of objections and obstacles by focusing on Green Light objectives and opportunities,” Schoeman states. “From a base of positive thinking, dive into the exciting, enticing world of positive action. Green Light is the quantum leap that improves everything. It propels you beyond a paradigm shift, all the way to a Trinadigm shift – opening whole new realms of possibilities. It equips you, and inspires others, to do well by doing good.”

Schoeman recently spoke about GGLD in Singapore at the M.I.N.D. (Mindfulness Integration Networking Dynamism) Conference, attended by representatives from 28 countries, hosted by the Wee Kim Wee Center, Singapore Management University. Individuals and groups there join others in preparing Green actions and posting them on social media. She also met with the Singapore Kindness Movement team, a very Green Light group spreading Greenness in Singapore and beyond.

“What Green Light actions will you be taking, celebrating and posting on GGLD?” asks Schoeman. “Continue ongoingly. You make a grand Green difference in the world.”

Spread Green Light thoughts, words, and ACTIONS. This is a new way to enjoy being of service and to Green up our homes, neighborhoods, workplace – and

our lives. Make March 13-20 a Green Light week. St. Patrick's Day adds a big dose of Green midweek. Plan a series of Green Light actions, ending with a celebration of your achievements on the 20th. Start your day with a Green Light greeting. Sound off with a "Good morning, world! Happy Global Green Light Day!" Celebrate the day in a bright Green Light Way.

Green someone's day. It might take a minute, it might continue over time. Who might you thank for a favor, a gift, or contribution? Who might you call with an uplifting message? What nearby area, roadside or park can you beautify or clear of trash? Who might you give an hour or two of help – babysitting, running an errand or just sharing your good company? Gather Green Light news to share with others. Expand friendships in the process. Find a Green Light colleague or partner and make something Green happen. Collect books for shelters and disadvantaged youth. Share Green Light ideas and actions at a hospital, school, or retirement center.

Find Green Light workers and commend them. Spread the Green news about their impact. Initiate Green Light conversations. Write a compliment or thank you on a business card or note pad and give it to a flight attendant, server, mechanic, or other day-brightener. Send a Green Light message by mail, phone, or email. Inhale gratitude. Exhale regret. Inhale joy. Exhale stress. Spread joy around you. Volunteer. Serve a worthy cause – education, social justice, the environment, literacy, health or other concerns. This is the day to play, "How Green can you be?" How many smiles can you generate? How many compliments can you give? Every Green thought, word and action Greens up the day for others – and yourself as well. Relish the Green Light outcomes.

Continue Green efforts throughout the year. As a Green Light DO-er, turn your creative ideas into reality. Go Green! Enjoy it. Celebrate it. Spread the Green news. Know that you are contributing to a global focus that benefits all. Salutes for your contribution to Global Green Light Day – and for daily Green Light actions you take.

For more information go to: <http://www.GoGreenLightWay.com/>.

News issued by: Marilyn Schoeman



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