

Mountain Home Care Launches Free 'Home Care Guide' Publication to Assist Families with Aging Issues

ARDEN, N.C., April 15, 2015 (SEND2PRESS NEWSWIRE) – Mountain Home Care founder Lana Wilde knows that when families need help with home care matters, a source of reliable information can be difficult to find. That's why the leading private home care agency in western North Carolina today launched the publication of its "Home Care Guide."

The "Home Care Guide" is a no-cost, high value e-book publication to assist individuals and families with the information about managing the impact of aging on their loved ones.

"Too often, people wait until they need a solution before they look for one," says Wilde. "We want to get the information for good, solid decision making into their hands sooner than later."

The "Home Care Guide" focuses on the core knowledge sought by hundreds of families in thousands of conversations the Wilde family and their highly qualified staff had over the past decade. The book's contents are informed by an intimate knowledge of best practices in the field, current changes in health care practice, and families' most frequent questions about paying for care.

Readers will appreciate the common sense approach to establishing priorities which reflect their real life experiences and questions. Those who download the e-book – at <http://www.mountainhomecare.com/> – will:

- * Learn the difference between home care and home health care;
- * Discover ways to pay for the care their loved one needs;
- * Assess when it's time for the idea of in-home care to become a reality;
- * Know what type of care giver is needed for one's family situation;
- * What to look for when caregiver assistance is needed for a loved one to remain at home;
- * And more.

The "Home Care Guide" is designed like a workbook, says Jeremy Wilde, vice president. Family decision-makers may take advantage of the checklists, work sheets, and how-to guidelines to focus thought processes – and share their thinking with one another, he explains.

"We designed the 'Home Care Guide' to be a living document, one which actually has real value and use," he says. "Our desire is to be of true service to those who need good, solid advice, a place to capture their thinking within context."

What emerges is an understanding of next steps on the journey of caring for those we love who are dealing with the realities of aging, he says.

Families in need of additional assistance or insights will also be able to request a personal conversation with Jeremy Wilde to hone in on their more specific questions.

“We’re a family business, and we’re dedicated to helping families,” he says. “That’s what’s important.”

Since 2003, Mountain Home Care, Arden, remains the leading provider of private home care, geriatric care management and skilled nursing services in western North Carolina. Download your copy of the free “Home Care Guide” at <http://www.mountainhomecare.com/>.

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