

# New Vista Behavioral Health Welcomes Avalon Malibu to Their Family of Addiction and Mental Health Treatment Centers

COSTA MESA, Calif., March 22, 2017 (SEND2PRESS NEWSWIRE) – New Vista Behavioral Health ([www.newvistabehavioralhealth.com](http://www.newvistabehavioralhealth.com)), a leading provider of addiction treatment, is proud to announce the acquisition of Avalon Malibu. The addition of Avalon to Infinity Treatment Centers, and Simple Recovery, expands the offerings of New Vista Behavioral Health's distinctive, effective and complementary group of addiction and mental health programs, providing exemplary care to clients struggling with chemical dependency or mental health issues.



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Avalon Malibu provides licensed mental health and chemical dependency treatment. Avalon's Grand House is a licensed mental health treatment center by the Department of Social Services (DSS), certified by the Department of Health Care Services (DHCS), and is also accredited by The Joint Commission. The center provides residential treatment for men and women struggling with psychiatric disorders and provides comprehensive and evidence-based treatment approaches that incorporate medication management, group and individual psychotherapy, mindfulness, and expressive therapies.

Avalon's Cottage House is Joint Commission accredited, and specializes in offering comprehensive substance abuse and co-occurring disorders. The personalized substance abuse treatment plans include: detoxification, therapy, education, family integrated treatment, 12 step approach, holistic activities, and more for both men and women.

Avalon's Integrative IOP offers a unique mindfulness-based therapy program where clients are brought into present moment awareness of the mind-body connection. Clients learn to self-regulate using mindful experiential modalities, and are coached on connecting to their life's purpose.

The emphasis for treatment at Avalon Malibu is on integrating mind, body and spirit with demonstrated therapeutic and holistic processes. Avalon is committed to helping the clients impart new ways of living through progressive treatments that help expose and release old ways of behavior. Avalon's model includes a forward-thinking approach to addiction and psychiatric treatment, focusing on potential, not pathology.

**About New Vista Behavioral Health:**

New Vista Behavioral Health recognizes the need for comprehensive and principled-driven services in the behavioral health industry, and is committed to creating a healthy and productive new vista for recovery and success.

Dr. Stephen Odom, CEO of New Vista Behavioral Health stated "We are creating a new footprint for addiction and mental health treatment. The goal is to help professionals and patients alike receive effective, best-in-class, and appropriate treatment, in all levels of care desired. We look forward to working with the outstanding team at Avalon to provide incomparable care in chemical dependency and mental health treatment and in becoming champions of positive change in addiction and mental health care."

For more information about Avalon Malibu or New Vista Behavioral Health and the addiction treatment services they provide, please visit <http://www.newvistabehavioralhealth.com/> or call 888-316-3665.

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