

Release and Book Signing of BioTE Medical President Gary Donovitz M.D. 'Age Healthier Live Happier' at Age Management Medicine Group (AMMG) Conference

ORLANDO, Fla., April 23, 2015 (SEND2PRESS NEWSWIRE) – BioTE Medical President and Founder Gary Donovitz M.D. releases his book "Age Healthier Live Happier – Avoiding Over-Medication through Natural Hormone Balance" (ISBN: 9780990706458) to kick off the Age Management Medicine Group Conference at JW Marriott / Ritz Carlton Grande Lakes April 23 – 26, 2015.

"'Age Healthier Live Happier' is a welcomed response to many men and women looking to avoid over-medication and searching for a higher quality of life thanks to bio-identical hormone replacement balance (BHRT) using tiny pellets about the size of a grain of rice," says Gary Donovitz M.D.

The book outlines the many positive health factors that bio-identical hormone replacement pellet therapy provides. The book also explains dramatic changes in the lives of hormone optimized men and women, as well as the positive impact BHRT is making in the healthcare industry today.

"The simplest way to explain BHRT," says Dr. Donovitz, "is that it helps balance hormones in the body that restore balance to individuals suffering from naturally declining hormone levels. For many people, the use of BHRT enhances their quality of life without the risks associated with synthetic hormones. And, who wouldn't want that?"

In addition to hormone optimized patients experiencing increased energy and strength, the ability to sleep better, stronger libido, and a greater ability to lose weight and gain muscle mass – "Age Healthier Live Happier" also points out the prevention of health related illness due to natural hormone balance such as Alzheimer's disease, osteoporosis, breast and prostate cancer.

The back of "Age Healthier Live Happier" features a glowing and insightful quote from Suzanne Somers: "Dr. Donovitz is passionate about changing healthcare. He believes as I do that restoring our youthful hormones is paramount to feeling and looking our best no matter what our age. We all want to improve our quality of life. This book provides a guiding light on the path of healthy aging. The testimonials were inspiring, reminding me of those we have experienced at Forever Health." Suzanne Somers is also featured discussing the topic in an interview with Gary Donovitz M.D. (See Great Day Houston link below.)

INVITATION TO THE MEDIA:

Media inquiries and interview requests are welcomed during the AMMG convention in Orlando, Florida from April 23 to 26, 2015. Other dates and times will be available upon request.

Book signing times at AMMG are Thursday, April 23 from 5:30 p.m. to 7 p.m. and Friday from 3 p.m. to 3:30 p.m. in the BioTE Medical booth at the convention.

To view an interview with Gary Donovanitz M.D. on the morning show "Great Day Houston," follow this link: <https://youtu.be/GB8wRdIafvk>.

B Roll video footage of book signings and other commentary will be made available to the press after April 27, 2015.

"Age Healthier Live Happier" is available now in hardcover at the following online stores:

Amazon: <http://amzn.com/0990706451>.

Barnes & Noble

<http://www.barnesandnoble.com/w/age-healthier-live-happier-gary-donovitz-md/1121746253?ean=9780990706458>.

About Gary S. Donovanitz M.D.:

Gary S. Donovanitz M.D. is a recognized expert, international instructor of the procedure and long-time proponent of Bio Identical Hormone Therapy (BHRT) and treats both men and women. In 2007, he received advanced training in BHRT and has trained more than 1,000 practitioners nationwide. He has been practicing medicine since 1985. He is Board Certified and is a Fellow in the American College of Obstetrics and Gynecology.

For more information on how Bio-identical Hormone Replacement Therapy using pellets can enhance your quality of life, please contact:

Dr. Gary S. Donovanitz

1875 West Walnut Hill Lane, Suite 100

Irving, TX 75038

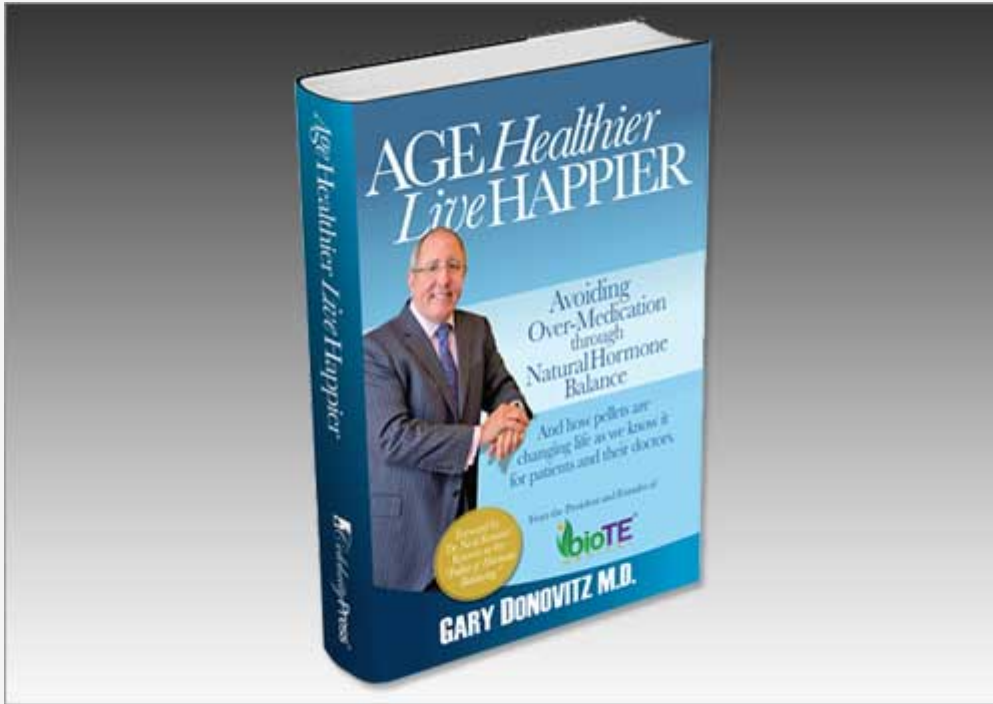
P: 817-379-7292

Online – more information: <http://www.biotemedical.com/>.

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