

Thai Direct Bowls, The First Healthy, Gluten and Dairy Free Thai Restaurant in NYC

NEW YORK, N.Y., May 8, 2019 (SEND2PRESS NEWSWIRE) – Located in East Village, Thai Direct Bowls is the first healthy, gluten and dairy free Thai restaurant in New York City. Street Thai food reinvented for healthy eating, served in salad and rice bowl style, with authentic Thai flavors. All Thai bowls are gluten free and dairy free with vegan and vegetarian options



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The restaurant serves delicious Thai bowls, Thai noodles and Thai curries, the same way Thai street food is served in Thailand. They also make and sell

Thai gourmet sauce products under Thai Direct brand for cooking at home. They use non-GMO, no MSG, non-preservatives and all-natural ingredients.

Thai Direct Bowls has recently opened their first location in East Village neighborhood of Manhattan. Their mission is to serve healthy and authentically tasty Thai food. The ambience is cozy and modern with a unique Thai Giant wall art that cannot be found anywhere else in the U.S.

Their creative and mouth-watering menu ranges from pre-set Thai bowls called Thai Beloved Bowls, make-your-own Thai bowls (customers choose the ingredients), hard-to-find authentic Thai noodle soups and delicious Thai curries (self-proclaimed the best Thai curries in NYC due to authentic spices and slow simmered curries) with several vegan and vegetarian options. No greasy, oily or fried foods are on the menu. Most bowls are offered at \$12 per bowl. Their lunch specials are quite affordable at \$9.99 per lunch bowl or two regular bowls for just \$20.

Their homemade gourmet sauces, for sale at \$9.99 per jar, can be used as salad dressings, dipping sauces or to conveniently cook famous Thai dishes at home.

The sauce selections are Thai panang curry, peanut, green curry, basil, tom yum, nam tok, pad thai (or tamarind), hot salsa, chili lime, lemongrass sesame, preaw wan (sour & sweet) and ginger bean paste sauce. Customers can also buy various Thai grab and go as well as Thai meal kit products at the restaurant. Some of their popular dishes are Thai green curry, pad thai, basil, massaman curry, chicken satay, som tum (or green papaya salad), Thai tacos and buddha bowl. So far, they have been receiving positive reviews on major review sites and continue to improve their quality of food and service. Some customers refer to them as Thai Chipotle, Thai Sweetgreen or Thai poke bowls.

Thai Direct Bowls is located at 131 Avenue A, New York, NY, directly across from Tompkins Square Park. This East Village Thai restaurant is open from 11:30 a.m. to 10:30 p.m. daily. Customers can dine in, take out or order for delivery. They offer a 10 percent discount for ordering online (pickup or delivery) from their website – [thaidirectbowls.com](https://www.thaidirectbowls.com). They also cater for meetings and parties. Their make-your-own bowl buffet is one of the most popular choices for catering.

For the upcoming holidays, all mothers enjoy a 30 percent discount on Mother's Day and all service members and veterans receive a 30 percent discount on Memorial Day.

To learn more about Thai Direct Bowls, check out their website at <https://www.thaidirectbowls.com/>, instagram @thaidirect, or send an email to thaidirectbowls@gmail.com