

EPIC's third video in healthcare series promotes wellness behaviors for positive health outcomes

SAN FRANCISCO, Calif., Aug. 13, 2013 (SEND2PRESS NEWSWIRE) – EPIC, a retail property, casualty and employee benefits insurance brokerage and consultancy, announced today their release of the third in a series of Healthcare Engagement Videos, “Wellness Behaviors.” The video provides a simple, practical, easily understood view of the importance of nutrition, activity and rest in promoting overall health and happiness.

EPIC's “Wellness Behaviors” video can be accessed and viewed at http://www.edgewoodins.com/product/Employee_Benefits along with two earlier videos in the series, “Benefits Consumerism” and “Understanding Health Care Reform.”

In addition to this video series, EPIC continues to actively develop and add resources to simplify employer transition to the new healthcare system. EPIC's benefits consulting division is equipping employers to manage communications, compliance, plan design, and the costs of healthcare reform.

“For many, changing behaviors related to eating, sleeping well and sustaining levels of regular activity can be challenging,” said Dana Liedel, EPIC Principal who developed the video project. “Employers need help to simplify, communicate and reinforce the value of employee wellness, as well as overall stronger consumer engagement in today's healthcare world. This is why we created this video series, which has become a key resource for employers and delivers on EPIC's promise to lead and innovate.”

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Connect with the EPIC team on Facebook:
<https://www.facebook.com/EPICInsuranceBrokersAndConsultants>.

About EPIC:

EPIC is a unique and innovative retail property & casualty and employee benefits insurance brokerage and consulting firm. EPIC has created a values-based, client-focused culture that attracts and retains top talent, fosters employee satisfaction and loyalty and sustains a high level of customer service excellence. EPIC team members have consistently recognized their company as a “Best Place to Work” in multiple regions across California and as a “Best Place to Work in the Insurance Industry” nationally.

The 7th largest broker based in the U.S. West, EPIC has more than 300 team members operating from ten offices across California (Los Angeles, Irvine, Ontario, Inland Empire, Fresno, Folsom, San Francisco, San Mateo, Petaluma and San Ramon) and in Denver, Colorado and New York.

With more than \$80 million in revenues, EPIC ranks among the top 40 retail insurance brokers in the United States. The company's strategic plan calls for more than tripling revenue over the next five years (\$250 million by 2018) and further expansion across the country. For additional information, please visit <http://www.edgewoodins.com/>.

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