

2007: The Best Hotel Gyms in the U.S.

AthleticMindedTraveler.com Announces Its Annual Best Hotel Gym List

SAN DIEGO, Calif. – Dec. 13 (SEND2PRESS NEWSWIRE) – Athletic-Minded Traveler LLC, a San Diego-based active lifestyle media company that operates the largest healthy travel site on the web, athleticmindedtraveler.com, released today its 2007 ranking of “The Best Hotel Gyms in the U.S.” The Top 10 hotel gyms received the company’s recommendation after ongoing research of over 3,500 hotels and anonymous personal tours by the editorial staff.



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Selection criteria included facility size, equipment quantities, multi-sport options (e.g., lap pool, sport court, etc.), cost and overall ambiance/atmosphere. To be considered as a “hotel gym,” the facility must be located on hotel property or within an adjacent building.

“These hotels deserve special recognition for supporting and encouraging travelers’ healthy and athletic-minded lifestyles,” said Jim Kaese, Co-founder and Managing Member of Athletic-Minded Traveler LLC. “Our online resource has experienced tremendous growth and success because millions of business and leisure travelers now care about exercise options while away from home (up to 50% in one study) and want to learn about fantastic accommodations and facilities like these.”

A detailed listing with discussion of each property can be found on the company's home page at athleticmindedtraveler.com.

The Best Hotel Gyms in the U.S. for 2007 are:

1. Houstonian (Houston)
2. Renaissance ClubSport (Walnut Creek, CA)*
3. Park Hyatt at Bellevue (Philadelphia)
4. Four Seasons (San Francisco)
5. Embassy Suites Lakefront (Chicago)
6. Hyatt Regency La Jolla at Aventine (La Jolla, CA)*
7. Westin Atlanta Perimeter North (Atlanta)*
8. Grand Hotel (Minneapolis)
9. Broadmoor (Colorado Springs)*
10. Venetian (Las Vegas)

* denotes a hotel's first appearance in the Top 10.

About Athletic Minded Traveler LLC

Athletic-Minded Traveler LLC is an active lifestyle media company offering print and online business solutions to thousands of individuals, Fortune 500 companies and content providers. The San Diego-based company serves its clients and generates content via a staff of experts. Inquiries can be addressed at 1-877-272-6657 and online at www.athleticmindedtraveler.com.

Athletic-Minded Traveler products and content have appeared in and been recommended by CNN, Headline News, Newsweek Magazine, Christian Science Monitor, Men's Health, Cooking Light, Outside, Fitness, Health, Shape, Runner's World, and many others.

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