

PRESS RELEASE

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New Workbook Gives Students A Jumpstart On College Applications.

ROWLEY, MA - March 23, 2004 /Send2Press Newswire/ -- For kids and parents worrying about the college application process, a new easy-to-use workbook gives students an early start and takes them step-by-step to success. Published by The NETWORK Inc. ([www.thenetworkinc.org](http://www.thenetworkinc.org)), "Check Yourself into College" (ISBN 187823403X) is neither voluminous nor verbose, begins as early as ninth grade, offers comprehensive and convenient tools, and brings focus and control to the college application process.

Created by two California mothers, Liz Zmich and Penny Adler, frustrated by their own children's experience, "Check Yourself into College" uses an easy to follow workbook format designed to appeal to the busy student. The book begins in ninth grade, but can be picked up at any point, even by seniors. Checklists cover every important topic from the college essay to financial aid.

Zmich, an award-winning mentor teacher and veteran of more than ten years of college counseling and Adler, a mother who helped her three children and their friends using the book's processes, bring passion and purpose to helping students struggling with the often overwhelming process of college application. "Check Yourself into College" can stand on its own or serve as an adjunct to other test prep and college guides. Its fresh approach, lean text and comprehensive contents make it an indispensable tool for all students, their parents, school counselors, and admissions officers.

Commenting on the new book, NETWORK President, Dr. David Crandall said, "Here, finally, is a book to help kids gear up early, proceed steadily, and stay on track. It will also help anxious parents to stay sane and support their children, knowing that they are progressing on schedule."

BOOK INFORMATION FOR THE MEDIA

Review copies and interviews with the authors can be arranged on request.

Title: Check Yourself into College  
Authors: Liz Zmich and Penny Adler  
Publisher: The NETWORK Inc.  
ISBN 187823403X  
8 1/2" x 11" softcover, 120 pp., \$29.99

A copy of the front book jacket can be found online here:  
[http://www.thenetworkinc.org/nu\\_images/CIYCscanSm.gif](http://www.thenetworkinc.org/nu_images/CIYCscanSm.gif)

ABOUT THE NETWORK

A small educational non-profit, The NETWORK has been helping schools get better using innovative programs and products for more than thirty years. Current work focuses on developing simulation games for use by British and American educators.

Additional information: <http://www.thenetworkinc.org>.

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